



Women on the Way

*Sisters of Notre Dame
California Province*

*www.sndca.org/vocations
Summer 2009*

Join Us for Summer Reading & Faith Sharing

*Come, Follow Me:
The Commandments of Jesus,
Invitations to Discipleship
by Anthony J. Gittins*

Our gatherings will be opportunities to share God's grace, to inspire each other and to give and receive mutual support. You are welcome to participate in this experience, even if you cannot attend all of the meetings.

Who? Single, Catholic young adult women who are interested in discerning God's place in their lives, who want to strengthen their spiritual life, and who want to share life in the Spirit with other faith-filled women on similar journeys.

When? 7:00 until 8:30 p.m. on these Thursdays:
June 18 • July 2, 9, 16 and 23 • August 6

Where? Villa Regina on the campus of La Reina High School
106 W. Janss Rd., Thousand Oaks, CA 91360
805-557-0952

How? This book follows the invitations of Jesus to live as a disciple. You are asked to

- Purchase your own book as soon as possible.
- Begin to read and prayerfully reflect on the chapters - we will discuss three chapters during each meeting.

**More info
contact
& to register**

Sr. Lisa Megaffin
megaffin@earthlink.net • 805-402-8623
Sr. Valerie Marie Roxburgh
sistervalsnd@gmail.com • 562-496-3224

Nurture Your Vocation by Sr. Valerie Marie Roxburgh, Vocations Director

Pope Benedict XVI addressed the importance of vocations in his message for the World Day of Prayer for Vocations to the priesthood and to consecrated life which was celebrated on May 3, 2009. In his message, the Holy Father invited "all the People of God to reflect on the theme: Faith in the divine initiative – the human response. The exhortation of Jesus to his disciples: 'Pray therefore the Lord of the harvest to send out laborers into his harvest,' (Mt. 9:38) has a constant resonance in the Church. Pray! The urgent call of the Lord stresses that prayer for vocations should be continuous and trusting."

Trusting God can lead to some wonderful surprises. Recently I had the unexpected opportunity to share my love for dance (ballet), with our Junior and Senior classes at Notre Dame Academy. I created a class several years ago which I call Body & Soul, that combines ballet, Hatha yoga, and liturgical dance to create a form of praying with your whole body. It is truly a body, mind and soul experience. It has been a true joy for me to introduce the students to this type of prayer style. I taught Body & Soul for two years at St. Cornelius parish in Long Beach. How is God calling you to use your gifts and talents?

Please feel free to contact Sr. Val at 562-496-3224 or sistervalsnd@gmail.com to arrange a vocations presentation at your parish or school, or to have a companion on your own journey of discernment.



Are you considering
religious life?

Contact

**Sr. Valerie Marie Roxburgh,
Vocations Director**

805-452-9699

562-496-3224

sistervalsnd@gmail.com



**SISTERS OF
NOTRE DAME**

**Proclaiming God's Goodness and
Provident Care**

**Rooted in Contemplation,
Called to be Prophetic Women,
Missioned for Global Transformation.**



**EXPOSITION
of the
BLESSED
SACRAMENT**

Monday – Saturday
3:00 - 4:00 p.m.
& 7:00 - 8:00 p.m.
at Notre Dame Center
adjacent to La Reina
High School

1776 Hendrix Avenue
Thousand Oaks, CA 91360

Please call
805-496-3243 for details

***Interested in a monthly
discernment group?***

**Contact Sr. Val at
805-452-9699 or
sistervalsnd@gmail.com**



**COME
and SEE**

Single women over 18
are invited to share in our
community life.

Tuesdays and Wednesdays
5:30 - 8:00 including
evening prayer, supper, faith-
sharing and fellowship

Saturdays
4:30 - 8:00 including
reflections on the liturgical
readings, evening prayer,
supper and fellowship

Villa Regina Community
1776 Hendrix Avenue,
Thousand Oaks, CA 91360

Please call
805-402-8623 or
805-557-0952
Sr. Lisa Megaffin
megaffin@earthlink.net

**VISIT
PROVIDENCE
HOUSE**

Our formation
community invites
single women over 18
to join us.

Sundays
Come socialize with us,
have dinner, and share
in evening prayer &
adoration
4:30 to 8:00 pm

Providence House
3806 Sebrén Avenue
Long Beach, CA 90808

Contact Sr. Val at
562-496-3224 or
sistervalsnd@gmail.com